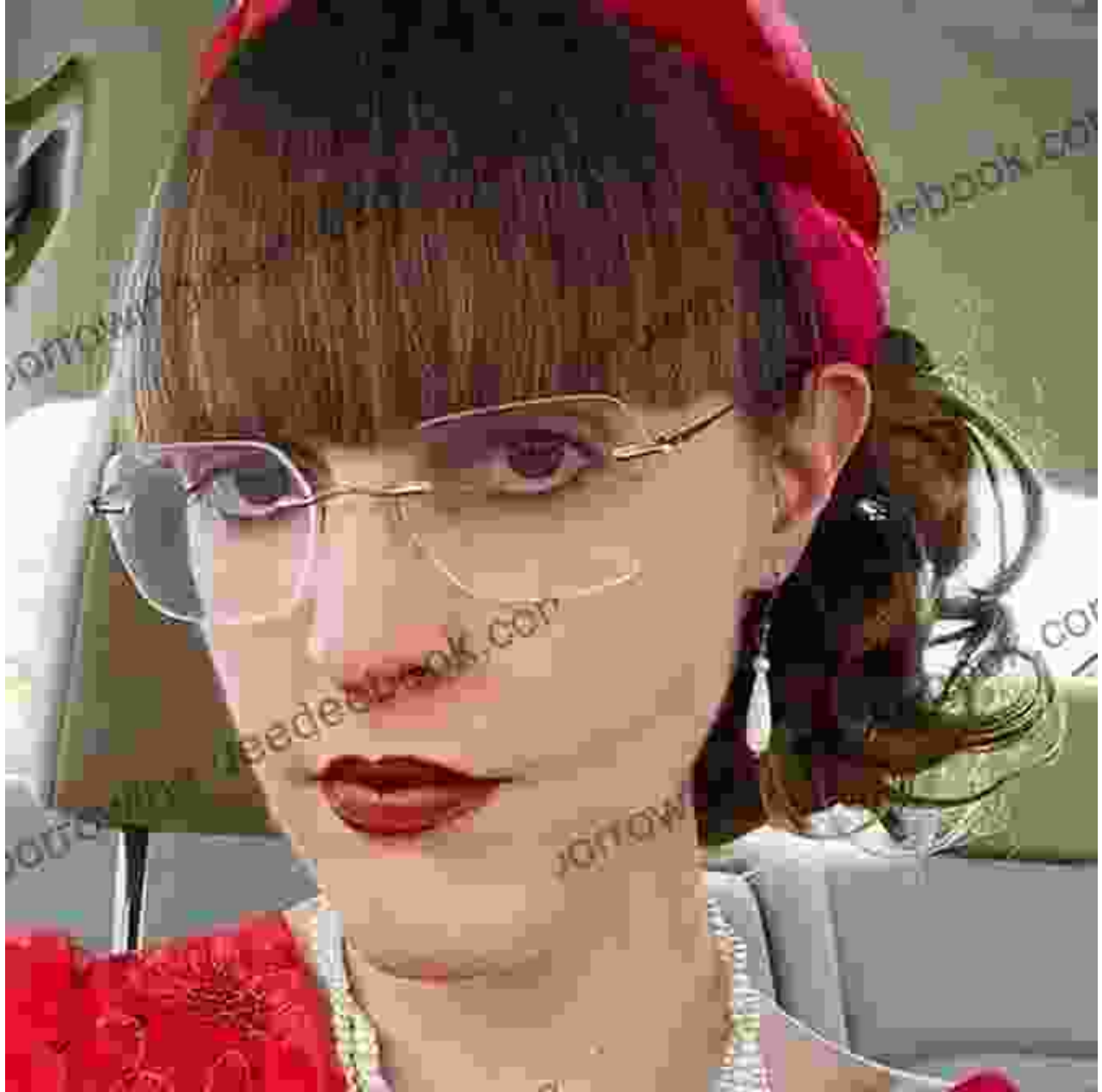


Cynthia Brideson: A Pioneer in the Evolution of Contemporary Circus



Cynthia Brideson is a groundbreaking artist who has expanded the boundaries of contemporary circus, pushing the limits of what is possible both physically and creatively. Her unique approach, which seamlessly

blends traditional circus arts with elements of contemporary dance, theatre, and visual art, has redefined the genre and challenged perceptions of what circus can be.

Early Life and Training



Contemporary Circus by Cynthia Brideson

★★★★☆ 4.9 out of 5

Language : English
File size : 25122 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 246 pages



Born in Montreal, Canada, in 1963, Brideson began her artistic journey at a young age. She trained in classical ballet and modern dance before discovering circus arts at the National Circus School of Montreal. It was here that she realized her passion for the combination of athleticism, artistry, and storytelling that circus offered.

Cirque du Soleil and The 7 Fingers

Brideson's career took a significant turn when she joined Cirque du Soleil in 1990. She quickly became a leading performer, showcasing her versatility and technical prowess in a variety of roles. In 1997, she co-founded The 7 Fingers, a contemporary circus company that would become synonymous with innovation and boundary-pushing work.

Artistic Vision

Brideson's artistic vision is characterized by a deep exploration of the human body and its capabilities. She believes that circus arts can transcend entertainment and become a powerful medium for expressing emotions, telling stories, and challenging societal norms. Her work often incorporates elements of physical theatre, improvisation, and audience interaction, creating a truly immersive and transformative experience.

Notable Works

Throughout her career, Brideson has created a diverse body of work that has received critical acclaim and international recognition. Some of her most notable works include:

- **AIDA** (2005): A contemporary circus adaptation of Verdi's classic opera, which premiered at the Edinburgh Fringe Festival and toured extensively worldwide.
- **Traces** (2008): An intimate and poetic exploration of memory and loss, featuring a cast of aerialists, dancers, and musicians.
- **Subject to Change** (2011): A high-energy and visually stunning work that blurs the lines between circus, dance, and theatre.
- **Between the Lines** (2016): A collaborative project with choreographer and dancer Ame Henderson, which examined the intersection of contemporary circus and ballet.
- **The Great Wide Open** (2019): A масштабная production that celebrated the diversity and inclusivity of the contemporary circus community.

Legacy and Impact

Cynthia Brideson's work has had a profound impact on the evolution of contemporary circus. She has inspired a new generation of artists to

explore the boundaries of the genre and to use circus as a means of artistic expression and social commentary. Her innovative approach has been adopted by numerous companies and performers around the world, and her work continues to be performed to sold-out audiences internationally.

Awards and Recognition

Brideson's contributions to contemporary circus have been widely recognized. She has received numerous awards and honors, including:

- The Cirque du Soleil Silver Star Award (2005) - The Gemini Award for Best Performance in a Performing Arts Program or Series (2009) - The Governor General's Performing Arts Award for Lifetime Artistic Achievement (2019)

Cynthia Brideson is a visionary artist whose work has transformed the landscape of contemporary circus. Her unique blend of athleticism, artistry, and storytelling has challenged preconceptions and expanded the possibilities of the genre. Through her groundbreaking collaborations and artistic projects, she has inspired countless performers and audiences alike, leaving an enduring legacy that will continue to shape the future of circus arts.



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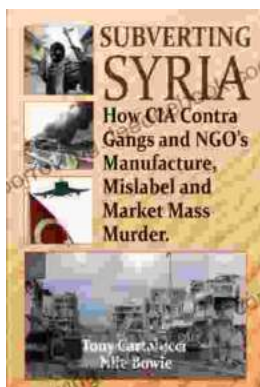
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