

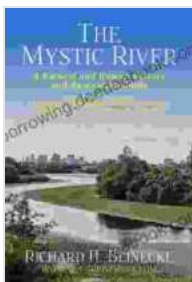
# The Mystic River: A Natural and Human History and Recreation Guide

The Mystic River is a historic and beautiful waterway that flows through the cities of Boston, Somerville, Medford, Everett, Chelsea, and Malden, Massachusetts. It is a popular destination for recreation, including boating, fishing, and kayaking. The river is also home to a variety of wildlife, including birds, fish, and mammals.

## Natural History

The Mystic River is a tidal river that flows into Boston Harbor. The river is approximately 7 miles long and has a watershed of approximately 70 square miles. The river's headwaters are in the Mystic Lakes in Winchester, Massachusetts. The river flows through several different types of terrain, including wetlands, forests, and urban areas.

The Mystic River is home to a variety of fish, including striped bass, bluefish, flounder, and winter flounder. The river is also home to a variety of birds, including osprey, great blue herons, and egrets. The river's banks are home to a variety of mammals, including deer, raccoons, and muskrats.



## The Mystic River - A Natural and Human History and Recreation Guide

by Richard Beinecke

★★★★☆ 4.7 out of 5

Language : English  
File size : 10539 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 302 pages



## Human History

The Mystic River has been inhabited by humans for thousands of years. The first people to live in the area were the Wampanoag Indians. The Wampanoag used the river for fishing, hunting, and transportation.

In the 17th century, European settlers began to arrive in the area. The settlers built mills and factories along the river, and the river became a major industrial center. In the 19th century, the river was polluted by industrial waste.

In the 20th century, the river began to be cleaned up. Today, the Mystic River is a popular destination for recreation. The river is also home to a variety of wildlife.

## Recreation

The Mystic River is a great place to enjoy a variety of recreational activities. The river is popular for boating, fishing, and kayaking. The river is also home to a variety of parks and trails, which are perfect for walking, running, and biking.

Here are some of the popular recreational activities that you can enjoy on the Mystic River:

- **Boating:** The Mystic River is a great place to go boating. The river is wide and deep, and there are a variety of boat ramps and marinas

along the river.

- **Fishing:** The Mystic River is a great place to go fishing. The river is home to a variety of fish, including striped bass, bluefish, flounder, and winter flounder.
- **Kayaking:** The Mystic River is a great place to go kayaking. The river is calm and slow-moving, and there are a variety of kayak launch sites along the river.
- **Walking:** There are a variety of parks and trails along the Mystic River that are perfect for walking. The trails are well-maintained and offer a variety of scenic views.
- **Running:** There are a variety of parks and trails along the Mystic River that are perfect for running. The trails are well-maintained and offer a variety of scenic views.
- **Biking:** There are a variety of bike paths along the Mystic River that are perfect for biking. The bike paths are well-maintained and offer a variety of scenic views.

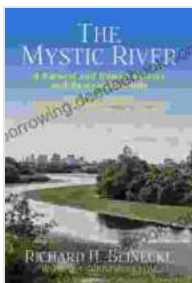
## Visitor Information

The Mystic River is a great place to visit for a day trip or a weekend getaway. There are a variety of things to see and do in the area, including:

- **Visit the Mystic River Watershed Association:** The Mystic River Watershed Association is a non-profit organization that works to protect and restore the Mystic River. The association offers a variety of programs and events, including guided tours of the river.

- **Visit the Mystic River Reservation:** The Mystic River Reservation is a 700-acre park that is located along the Mystic River. The park offers a variety of recreational opportunities, including boating, fishing, kayaking, walking, running, and biking.
- **Visit the USS Constitution Museum:** The USS Constitution Museum is a museum that is dedicated to the USS Constitution, which is the oldest commissioned warship in the United States Navy. The museum offers a variety of exhibits and programs, including guided tours of the ship.

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